



# Save on Your Grocery Bill Each Month with the CSFP Food Box!

CSFP can help you save money on your groceries. Eligible individuals can pick up a free, monthly box of shelf-stable foods including fruits and vegetables, pasta, dairy products, and more. Call, email, or visit us online at [vtfoodbank.org/csfp](https://vtfoodbank.org/csfp) for an application.

**1-800-214-4648**

**[csfp@vtfoodbank.org](mailto:csfp@vtfoodbank.org)**

## Eligibility:

- Must be over 60 years of age
- Must live in Vermont

## 2025 Income Limits

1 Person	\$1,883 monthly
2 People	\$2,555 monthly
3 People	\$3,228 monthly

**Help spread the word! Share this info with a friend, family member, or neighbor.**



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